

# SEMINAR "ACHIEVING PERSONAL EXCELLENCE"

## Course Details

Duration: 10:00 am to 01:00 pm (3 hours)

Date: **Sunday, 29 January 2012**

Venue: Kaplan Higher Education Institute @ **WILKIE EDGE**, 8 Wilkie Road (Level 2)  
Seminar Room No.219 (Near Peace Centre, Selegie Road, Singapore)

## Key Benefits

This interactive seminar provides essential qualities that shape individuals to be more effective in achieving personal excellence in day-to-day life leading to success.

## Course Content

- What is Personal Excellence?
- How to Begin the Journey?
- Change
- Using Time Effectively
- Choices
- Setting Goals
- Personal Skill Development

## Learning Methodology

Lecturette, Discussion and Experiential Activities

## Presenter Profile

**Mr ABDUL KAREEM, BSc., M.A., B.L., Cert-in-Teaching (Hr. Edn.), DIBF, ACTA**

- Renowned Lecturer & Resource Person in HRM and Organisational Behaviour Subjects
- With 29 years of experience, he currently heads a Management Consulting & IT Firm

## How to Register?

Please contact us at **63981020** or Email: [contact@jmcalumni.org.sg](mailto:contact@jmcalumni.org.sg) to register your Name for this Seminar on First Come First Served Basis. Only Limited Seats are available.



**Conducted by:**  
**JAMAL MOHAMED COLLEGE ALUMNI  
ASSOCIATION (SINGAPORE CHAPTER)**

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