



JAMAL MOHAMED COLLEGE ALUMNI ASSOCIATION (SINGAPORE CHAPTER)

SPECIAL LECTURE CUM HEALTH TALK **INTRODUCTORY TO TRADITIONAL CHINESE MEDICINE WITH A FOCUS ON STRESS MANAGEMENT**

WHEN AND WHERE?

Day/Date: Sunday, 7 April 2013

Time: 10.00 am – 1.00pm

Venue: MASS EDUCATION INSTITUTE

520 North Bridge Road, #06-01 Wisma Alsagoff
(Opposite BUGIS JUNCTION Building), Singapore 188742

TOPICS

What is Traditional Chinese Medicine (TCM)? - What is an Alternative Medicine?

Is TCM a viable Alternative Medicine? - Stress Management with TCM

Is TCM scientific enough? – TCM treatment methods for Stiff Neck,
Frozen Shoulder, Back Ache, Knee Pain, Ankle Pain, Hypertension, etc.,

SPEAKER

MR LEE PING LEK

- Practising TCM Physician, CHUNG HWA FREE CLINIC
- Academic Associate, Republic Polytechnic



HOW TO REGISTER?

Tel: 63981020 Email: contact@jmcalumni.org.sg

Limited Seats on First Come First Served Basis. **FREE ADMISSION.**